

Brilliant combination: High-end software for ergo spirometry evaluation, lactate diagnostics and training schedule generation.



Increase the performance of your practice

To play in the premier league of performance diagnostics, you need a first-class team. The high-end LFsport software is an optimum platform to apply up-to-date ergo-spirometry knowledge in the growing sports and fitness area. This innovative and economic performance diagnostics tool gives physicians and sports scientists the chance to enter into the Champions League of diagnostics.

Combining breath gas analysis and lactate diagnostics, LFsport helps you develop integral health concepts to help improve your patients' fitness. Its precise recommendations are a valuable means to gain control over lifestyle diseases such as overweight, cardiovascular diseases and diabetes.



SCHILLER

The Art of Diagnostics

With **SCHILLER Ergo Spirometry**, a patient's performance is presented in a way that can also be understood by interested non-professionals. And without any extra-work, you can generate an efficient, science-based training concept.

Ideal extension for SCHILLER PowerCube ergo spirometry program

- Automatic retrieval of all required data from the basic PowerCube LF8.
- Straightforward and intuitive operation.
- Variable diagrams with individual parameter selection for accurate AT and RCP determination.
- New concepts for the comparison of the anaerobic with the individual lactate threshold.
- Presentation of the aerobic-anaerobic transition (AT), individual aerobic threshold, and individual anaerobic threshold (IAT).

Clear results on screen and on printout at the push of a button - meaningful also for non-professionals.

- Generation of an individual day-to-day training calendar at the push of a button.
- Pulse and performance indication for every training unit - individually determined based on the latest personal measurements.
- Training plan editor for the generation of customised training templates for various purposes.
- Because a picture tells more than 1000 words: Large-scale graphs showing individual measured/predicted value comparisons for performance evaluation.

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